



Don't forget
to eat your
vegetables.

Community Christian Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

October
2018

MONDAY

Child Health Day

1
Classic Cheese Burger
Baked Beans
Kettle Chips
Dill Pickles
Deli Turkey Sub
Radish Slices
Baby Carrots
Grapes

TUESDAY

Bully Prevention Month

2
Chicken Nuggets
BBQ for Dipping Sauce
Tossed Salad w/Ranch
Grape Tomato
Sliced Cucumbers
Deli Ham Sandwich
Fresh Apple

WEDNESDAY

3
Rib B Que on Bun
Glazed Carrots

Cold Cut Combo Sandwich
Celery Sticks
Broccoli
Watermelon

THURSDAY

4
NO SCHOOL

FRIDAY

5
NO SCHOOL

8
Pancakes w/Blueberries
Cheese Omelet
Breakfast Potato
Casserole

Deli Turkey Sub
Broccoli
Orange Smiles

HOM Pear

9
Straw Hats
Cheese, Lettuce, Salsa
Spiced Pinto Beans

Deli Ham Sandwich
Cauliflower
Grapes

10
Chicken Tenders
Mashed Potato & Gravy
Dinner Roll

Cold Cut Combo Sandwich
Celery Sticks
Grape Tomato
Fresh Pear Half

National Pizza Month

11
Pizza Bake
Garlic Toast
Tossed Salad w/Ranch
Grape Tomato
Sliced Cucumbers
Turkey Deli Sandwich
Fresh Apple
DOMINOS@DUNCOMBE

12
BBQ Chicken Sandwich
Peas & Carrots

Deli Ham Sandwich
Baby Carrots
Cauliflower
Watermelon
DOMINOS@COOPER

School Lunch Week

15
Roasted Hot Dog
Baked Beans
Kettle Chips
Deli Turkey Sub
Cauliflower
Baby Carrots
Peaches

16
Beefy Nachos with
Cheese, Lettuce, Salsa
Corn

Deli Ham Sandwich
Broccoli
Orange Smiles

17
Cheese Bread w/Marinara
Tossed Salad w/Ranch
Sliced Cucumber
Baby Carrot

Cold Cut Combo Sandwich
Fresh Apple

18
PB & J Jamwich
String Cheese
Celery
Grape Tomato
Broccoli
Pears

19
Domino's Pizza
Oven Baked Fries
Tossed Salad w/Ranch
Mandarin Oranges
Cookie

22
BBQ Riblet Sandwich
Baked Beans
Creamy Coleslaw

Deli Turkey Sub
Grape Tomatoes
Grapes

23
Walking Tacos
Cheese, Lettuce, Salsa
Corn

Deli Ham Sandwich
Broccoli
Applesauce

24
Italian Meatball Sub
Tossed Salad w/Ranch
Sliced Cucumber
Baby Carrot

Cold Cut Combo Sandwich
Pear

25
Chicken Nugget
Mashed Potato w/Gravy
Dinner Roll

Turkey Deli Sandwich
Celery Sticks
Grape Tomato
Fresh Apple

26
NO SCHOOL

29
Sloppy Joe
Glazed Carrots

Deli Turkey Sub
Broccoli
Cauliflower
Grapes

30
Chicken Tacos
Cheese, Lettuce, Salsa
Corn

Deli Ham Sandwich
Baby Carrots
Applesauce

31
Roasted Hotdog
Baked Beans
Kettle Chips

Cold Cut Combo Sandwich
Cucumber Slices
Grape Tomato
Watermelon



PRICES

Regular	\$2.65
Reduced	\$0.40
Adult	\$3.65
Milk	\$0.45

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or
Chocolate Skim
is included with lunch.
For questions or comments,
contact
ccschoolhotlunch@gmail.com

